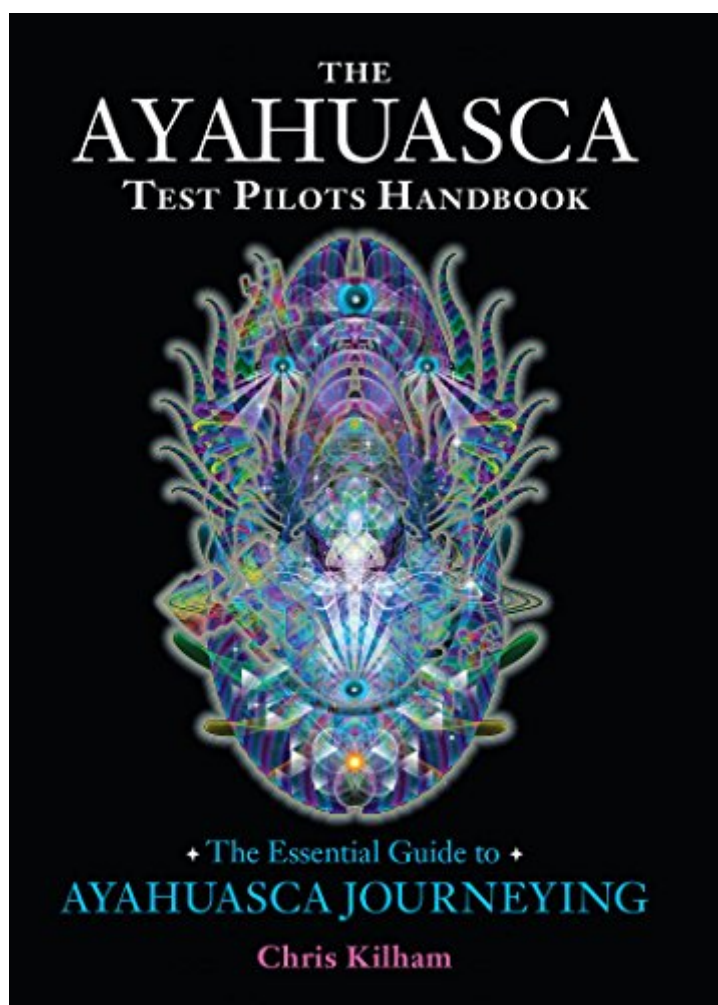


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# The Ayahuasca Test Pilots Handbook: The Essential Guide To Ayahuasca Journeying



## Synopsis

The Ayahuasca Test Pilots Handbook provides a practical guide to ayahuasca use, aiding seekers in making right and safe decisions about where to go, who to drink with, and what to expect. Ayahuasca, the ian psychoactive plant brew, has become vastly popular. Once the sole purview of shamans and indigenous native people in the great rainforest, ayahuasca is now becoming well known and widely used around the globe. Today, foreigners from all over the world flock in ever-burgeoning numbers to the steamy , drinking bitter ayahuasca with shamans and curanderos in order to access its potent healing and spirit-enlivening effects. What began as a mere trickle of visitors in the 1980s has become a surging riptide of seekers. Chris Kilham (Fox News's "Medicine Hunter") has worked closely with South American shamans for two decades and has sat in ayahuasca ceremonies with at least 20 different shamans. Through his "Ayahuasca Test Pilots" program, Kilham has brought numerous people to the to engage in ceremonies with maestro ayahuasceros. Clear, concise, straightforward, and well informed, The Ayahuasca Test Pilots Handbook is an indispensable guide for anyone curious about this unusual plant medicine.

## Book Information

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## Customer Reviews

so far this is the best overview-intro to an ayahuasca journey to the (the one in south america). there are several really good books on this subject but i think kilham's book cuts through the mysteries involved as well as can be expected. i've taken this journey a few times myself.

Very well written and informative. I have read several books on the subject and this would be a great one if it's the only one that you read. However, he does not go into the biochemistry and physiology of ayahuasca very much as do Dr. Rick Strassman or Dr. Ralph Metzner or others if you are interested in that.

Helped me in my decision to take Ayahuasca. I just got back from a retreat in Peru and it was amazing! If you want to take an Ayahuasca retreat, look them up on [ayaadvisor.org](http://ayaadvisor.org) for legit camps. One of his mentors is a crook now, but Chris has taken the liberty to not list his camp in the recommend camp section.

Amazing book, have lent it out many times since I've bought it and have received glowing reports from others as well! Would highly recommend if you're someone new to Ayahuasca, shamanism, and plant medicines. A good overall book that covers many topics! If I had to get just one book on plant medicine, this would probably be it.

This is an essential tour guide for those who explore inner space. Unlike so many writings which focus simply on how to get there, the Tests Pilots handbook bravely guides you on how to navigate the terrain when you do get there--including the key spiritual doctrine of "Ask for what you want!" It seems the collective reality experienced with Ayahuasca is an immense and novel space, full of spiritual treasures and risks, where we are truly children. Like any child new to a big big city, it is critical to have proper guidance and protection. This is what the Consciousness of the Ayahuasca gives you (obviously massively!) on the innerpaths, that a chemical alone does not. Practical and important guidance is also offered on a day to day level. A fun Must Read for those who would travel inner space!

This is an excellent guidebook for those curious about the background and potential of this

experience. It is especially useful if you are planning a trip out of the country to explore this plant medicine. Thank you Chris, for a very useful guide that gives the whole story in a very readable package!

I've been curious about la medicina for a while now and chose this book as a premier. I'm so glad I did. This book touches on every aspect of the subject. The information in this book is presented genuinely and concisely; it was so easy to digest. I cannot wait to do additional research and read more work by this author.

This was a great read! Really insightful on ayahuasca and gives a good sense of how to get a full experience of it. It doesn't enforce anything on you but gives you lots of helpful tips, ideas, and ways to get the fullest experience out of ayahuasca. Helpful on letting you know harmful plants and dark shamans as well. A really great general knowledge for anyone interested in journeying with La Medicina. I can not wait to have an experience of my own but this book has made me much more knowledgeable on what to do in order to have a good experience using ayahuasca. For anyone who is expecting this book to go in detail about an ayahuasca experience it touches on it but it can't fully describe it because everyone will have their own experience. It's more helpful to learn about the plants it comes from, shamans, and tips to make your experience happen in the most useful way possible than describing only his experience with the drink.

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